

# 13<sup>th</sup> ESRA RA-UK Ultrasound in Pain Medicine Course London 18-19 March 2022

## DAY ONE: FRIDAY, 18 MARCH 2022

Venue: Radisson Blu Edwardian Bloomsbury Street Hotel, 9-13 Bloomsbury Street, London WC1B 3QD, UK

### PROGRAMME

08.30-09.00 **REGISTRATION/TEA & COFFEE/EXHIBITION**

09.00-09.15 **Introduction** (*Dr Andrzej Krol, UK/Dr Ashish Shetty, UK*)

09.15-10.00 **MAIN LECTURE: SonoAnatomy & Pain Medicine** (*Prof Bernhard Moriggl, Austria*)

### ***INTERACTIVE LECTURES/LIVE MODEL DEMOS WITH HANDS-ON SCANNING***

**10.00-10.55 SESSION ONE Chair: Dr Barry Nicholls**

10.00-10.15 **Cervical Roots, Stellate Ganglion, Suprascapular N**  
(*Dr Andrzej Krol, UK / Dr Raja Reddy UK*)

10.15-10.55 **Hands-on Live Scanning**

### ***10.55-11.15 TEA, COFFEE & PASTRIES/EXHIBITION***

**11.15-13.05 SESSION TWO Chair: Prof Bernhard Moriggl**

11.15-11.30 **Cervical MBB, TON, GON** (*Prof Urs Eichenberger/Dr David Lorenzana, Switzerland*)

11.30-12.10 **Hands-on Live Scanning**

12.10-12.25 **Lumbar Facet, MBB, SI Joint, Superior Cluneal NN, Thoracolumbar Fascia**  
(*Dr Manfred Greher, Austria*)

12.25-13.05 **Hands-on Live Scanning**

### ***13.05-14.00 LUNCH/EXHIBITION***

**14.00-15.50 SESSION THREE Chair: Dr Manfred Greher**

14.00-14.15 **Posterior Pelvis: Piriformis Muscle, Pudendal N, Caudal and More**  
(*Dr Ashish Shetty, UK / Dr Graham Simpson, UK*)

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- 14.15-14.55 Hands-on Live Scanning
- 14.55-15.10 Ilioinguinal, Iliohypogastric, LCNT, Genitofemoral, Abdominal wall  
*(Dr Anthony Allan, UK / Dr Athmaja Thottungal, UK)*
- 15.10-15.50 Hands-on Live Scanning

#### **15.50-16.10 TEA & COFFEE/EXHIBITION**

**16.10-17.05 SESSION FOUR Chair: Prof Urs Eichenberger**

- 16.10-17.05 Ultrasound Guided Peripheral Neuromodulation  
*(Dr Andrea Trescot, USA)*

### **DAY TWO: SATURDAY, 19 MARCH 2022**

Venue: Radisson Blu Edwardian Bloomsbury Street Hotel, 9-13 Bloomsbury Street,  
London WC1B 3QD, UK

#### **PROGRAMME**

- 09.00 - 09.30 REGISTRATION/TEA & COFFEE/EXHIBITION
- 09.30 - 10.15 Stations 1-8
- 10.15 - 11.00 Stations 1-8
- 11.00 - 11.25 TEA, COFFEE & PASTRIES/EXHIBITION
- 11.25 - 12.10 Stations 1-8
- 12.10 - 12.55 Stations 1-8
- 12.55 - 13.40 Stations 1-8
- 13.40 - 14.40 LUNCH/EXHIBITION
- 14.40 - 15.25 Stations 1-8
- 15.25 - 16.10 Stations 1-8
- 16.10 - 16.55 Stations 1-8
- 16.55 - 17.00 Closure

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#### **HANDS-ON ULTRASOUND SCANNING STATIONS**

- 1. Ilioinguinal, Iliohypogastric, Genitofemoral, Lateral Cutaneous Nerve of the thigh (LCNT), Saphenous N, Abdominal Wall**  
(Dr Anthony Allan, UK/Dr Athmaja Thottungal, UK)
- 2. Posterior Pelvis Sonoanatomy - Gluteal Pain Syndrome: Superior Gluteal Nerve, Piriformis muscle, Pudendal Nerve, Inferior Cluneal nn, Sciatic Nerve, Ischial Tuberosity**  
(Prof A. Shetty, UK/Dr G. Simpson, UK)
- 3. Occipital Nerves (GON, TON, LON), Cervical MBB**  
(Dr U. Eichenberger, Switzerland/Dr D. Lorenzana, Switzerland)
- 4. Stellate Ganglion, Cervical Roots, Suprascapular nn – Various Levels Approach**  
(Dr R. Reddy, UK/Dr S. Gulati, UK)
- 5. Peripheral Stimulation Catheters – Various Approaches**  
(Dr A. Trescot, USA/Dr H. Bedran, UK)
- 6. Lumbar Facet /MBB/SI Joint/ Caudal**  
(Dr Manfred Greher, Austria/Dr M. But, Poland)
- 7. Shoulder, Hip, Knee joints including RF ablation**  
(Dr A. Krol, UK/Prof T. Haag, UK)
- 8. Ask the Expert and Exams Hot Chair Station**  
(Prof B. Moriggl, Austria/Dr M. Sinha, UK)

#### **COURSE FACULTY**

Prof Bernhard Moriggl  
Professor of Anatomy  
Department of Anatomy, Histology and Embryology  
Innsbruck Medical University  
Innsbruck  
Austria

Dr Andrzej Krol  
Consultant in Pain Medicine & Anaesthesia  
St George's Hospital  
London, UK

Dr Manfred Greher  
Medical Director  
Head Division of Anaesthesia, Intensive Care and Pain Therapy  
Sacred Heart of Jesus Hospital  
Vienna, Austria

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Dr Anthony Allan  
Consultant Anaesthetist  
Great Western Hospital  
Swindon, UK

Dr Athmaja R. Thottungal FIPP, CIPS  
Chronic Pain Lead, LSORA  
Trust Lead Clinician - Pain Management  
Consultant in Pain Medicine & Anaesthesia,  
Kent & Canterbury Hospital  
Visiting Senior Lecturer,  
Canterbury Christ Church University  
Canterbury, Kent, UK

Prof Ashish Shetty  
Consultant in Pain Medicine & Anaesthesia  
The Pain Management Centre  
National Hospital for Neurology & Neurosurgery  
University College London Hospitals  
London, UK

Dr Graham Simpson  
Consultant in Anaesthesia & Pain Management  
Royal Devon & Exeter Hospital  
Exeter, UK

Dr Michal But  
Consultant Anaesthetist & Pain Specialist  
Regional Hospital  
Koszalin, Poland

Dr Raja Reddy  
Consultant & Clinical Lead Pain Medicine  
Medway Maritime Hospital  
Kent, UK

Dr Hadi Bedran  
Consultant in Pain Medicine & Anaesthesia  
St George's Hospital  
London, UK

Dr Thomas Haag  
Consultant in Pain Medicine & Anaesthesia  
Wrexham Maelor Hospital  
North East Wales, UK

Dr David Lorenzana  
Head of Pain Therapy  
Department of Anaesthesia, Intensive Care & Pain Therapy  
Balgrist University Hospital  
Zürich, Switzerland

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Interventional Pain Management Specialist  
Physician Partners of America  
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Florida 32073  
USA

Dr Manojit Sinha  
Consultant in Pain Medicine and Anaesthesia  
King's College Hospital  
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Dr Urs Eichenberger  
Chair Department of Anaesthesia  
Balgrist University Hospital  
Zürich, Switzerland